

Item 10

Health and Wellbeing City Priority Plan 2011 to 2015

Leeds will be a healthy and caring city for all ages where everyone:

- lives longer, healthy lives
- has the opportunity to improve their health
- lives safe and fulfilling lives in their own homes
- has active and independent lives

4 Priorities	15 Actions	Headline Indicator
People will make healthy lifestyle choices	<ul style="list-style-type: none">• Empower individuals and communities so that they can increase responsibility and control for their own health and that of people around them.• Reduce the harm caused by tobacco, alcohol and illegal drugs• Improve mental health and wellbeing	Smoking prevalence in adults (over 18)
People live safely in their own homes	<ul style="list-style-type: none">• Develop intermediate care services• Reduce avoidable admissions to hospitals and care homes• Re-ablement and prevention services• Adult safeguarding	Rate of emergency admissions to hospital and admissions to care homes
People will have choice and control over their health and social care services	<ul style="list-style-type: none">• transform health and social care services• personal health and social care budgets• Enhance the quality of life for people with long term conditions	Proportion of people with long-term conditions feeling supported to be independent and manage their condition
People who are poorest improve their health fastest	<ul style="list-style-type: none">• Give every child the best start in life• Create healthy and sustainable places• Improve health and wellbeing in the workplace• Ensure a healthy standard of living for all• Ensure equitable access to services	School readiness